



Dance with Norm
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Locomotion

Choreographed by Jo & Rita Thompson

Description: 32 count, 4 wall

Music: **Locomotion by Scooter Lee**

"TRAIN STEP" - ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, COASTER STEP

- 1-2 Rock forward with right foot, replace weight back to left foot
- 3-4 Rock back with right foot, replace weight forward to left foot
- 5-6 Rock forward with right foot, replace weight back to left foot
- 7&8 Step back right foot, step left next right foot, step forward right foot

"TRAIN STEP" - ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, COASTER STEP

- 1-2 Rock forward with left foot, replace weight back to right foot
- 3-4 Rock back with left foot, replace weight forward to right foot
- 5-6 Rock forward with left foot, replace weight back to right foot
- 7&8 Stepping back left foot, step right next to left foot, step forward left foot

VINE RIGHT, TOUCH, VINE LEFT, ¼ TURN LEFT, TOUCH

- 1-4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, touch left foot beside right
- 5-8 Step left foot to left side, step right foot crossed behind left, turn ¼ left, step forward with left foot, touch right foot beside left

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

- 1-4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, touch left foot beside right
- 5-8 Step left foot to left side, step right foot crossed behind left, step left foot to left side, touch right foot beside left

REPEAT