

CD 1-4



Dance with Norm

(262) 9302698

Email nrennert2002@yahoo.com

www.dancewithnorm.com

Gulf Of Mexico

Choreographed by Unknown

Description: 24 count, 4 wall, beginner line dance

Music: Gulf Of Mexico by Alabama

LEFT CHASSE, ROCK, RECOVER RIGHT CHASSE, ROCK, RECOVER

1&2 Step left to left side, step right beside left, step left to left side

3-4 Rock back on right, recover on left

5&6 Step right to right side, step left beside right, step right to right side

7-8 Rock back on left, recover on right

TRIPLE ½ TURN RIGHT, ROCK, RECOVER, TRIPLE ½ TURN LEFT, ROCK BACK, RECOVER

9&10 Shuffle left, right, left while turning ½ turn to right

11-12 Rock back on right, recover on left

13&14 Shuffle right, left, right while turning ½ turn to left

15-16 Rock back on left, recover on right

LEFT AND RIGHT FORWARD SHUFFLES, GRAPEVINE LEFT ¼ TURN STOMP

17&18 Left forward shuffle left/right/left

19&20 Right shuffle forward

21-22 Step left to left side, cross right behind left

23 Step left ¼ turn left to left side

24 Stomp right beside left placing weight on right foot

REPEAT