



Dance with Norm

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## As Good As I Once Was

Choreographed by Helen Born & Nita Lindley

Description: 32 count, 4 wall, beginner/intermediate west coast swing line

Music: As Good As I Once Was by Toby Keith

RIGHT EXTENDED GRAPEVINE, ROCK STEP, CROSS SHUFFLES

1-2-3-4 Step right to right, step left behind right, step right to right,  
step left over right

5-6-7&8 Rock on right, recover left, cross right over left, step left to  
left, cross right over left

LEFT EXTENDED GRAPEVINE, ROCK STEP, CROSS SHUFFLES

1-2-3-4 Step left to left, step right behind left, step left to left, step  
right over left

5-6-7&8 Rock on left, recover right, cross left over right, step right to  
right, cross left over right

KICK RIGHT 2X, HEEL BALL CROSS, HEEL TAPS  $\frac{1}{4}$  TURN LEFT

1-2&3-4 Kick right forward twice, step back on ball or right, cross left over  
right, step right to right

5-6-7-8 Tap left heel forward twice, turn  $\frac{1}{4}$  left, touch right next to left

RIGHT AND LEFT SIDE SHUFFLES, ROCK STEPS

1&2-3-4 Right side shuffle, right, left, right, rock back on left, recover  
right

5&6-7-8 Left side shuffle, left, right, left, rock back on right, recover  
left

REPEAT